

HLT52615 DIPLOMA OF AYURVEDIC LIFESTYLE CONSULTATION Schedule and Fees for 2023

Total course tuition fees (4 terms) for eligible students = \$10,120.00 (exclusive of First Aid Training)

All unit of study tuition fees are applicable for units of study delivered by the AIHFE, both Virtual Campus studies and Clinical practical studies.

In addition to the above total tuition fees, a student has to incur following fees based on the additional services that the student wishes to obtain.

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| I. Credit transfer fee | \$ 50 per each unit |
| II. Supplementary assessment provided when a student is absent (without approval) from a schedule assessment | \$ 50 - \$ 100 |
| III. Reissuing documents (Qualifications/transcripts) | \$ 50 per each document |
| IV. AIHFE does not engage in unsolicited marketing or sales tactics and therefore a statutory cooling-off period will not likely be applicable to our students and clients who have enrolled into a course with us. | - |

Refund policy (***Please refer to AIHFE's refund policy***): This is applicable if the institute ceases/ fails to provide the agreed services/ the course is cancelled.

AIHFE unit of study (Subjects)	Brief Unit/ subject Description	Unit/ Subject Fee	RPL Unit Fee	2023Term Starting Dates
TERM 1				
AYF101 Foundation of Ayurveda	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV001 Develop Ayurvedic Practice and HLTAYV002 Make Ayurvedic lifestyle assessments.</p> <p>Students will learn the history, philosophy and principles of Ayurveda and how they are applied in practice. They include but not limited to interpretation of health issue in the context of Ayurveda, five elements (panchamahabhuta theory) and tridoshas (vata, pitta and kapha), prakruthi (constitution), vikruthi (dynamic balance) of an individual, states of mind (manasa gunas), concept of soul (atma), prana (life force) , application of daily and seasonal routine to the concept of Ayurveda, fifteen sub-types of the tridoshas; fire (agni) and its types, tissues (dhatus) and waste products (malas) and explanation of ojas, ama in Ayurveda, Ayurvedic lifestyle case taking and the place of Ayurveda in contemporary health care system in</p>	1200	600	01/02/23 24/04/23 17/07/23 09/10/23

	Australia. Assessment for the unit will be completed after completion of required clinical hours and completion of CLE401 Communication, Law and Ethics unit.			
BMS101 Biomedical Science	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAAP 003 Analyse and respond to clients' health information. The unit contents include: structural organization of body, Cells and tissues, Anatomy and Physiology of the integumentary system, Musculoskeletal system, digestive system, cardio vascular system, lymphatic and immune systems. Concepts of Chemistry, microbiology, pharmacology pathology relevant to the body systems will also be covered. Common disorders of the systems, symptoms and signs and differential diagnosis will also be covered.	1000	500	01/02/23 24/04/23 17/07/23 09/10/23
TERM 2				
EMI101 Emotional Intelligence	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBDLR501 Develop and use emotional intelligence. The unit covers development and use of emotional intelligence to increase awareness, self-management, social awareness and relationship management in the context of the workplace. It includes identifying the impact of own emotions on others in the workplace, recognising and appreciating the emotional strengths and weaknesses of promoting the development of emotional intelligence on others and utilising emotional intelligence to maximise team outcomes. In addition, emotional impact on health and wellbeing is also discussed.	400	200	01/02/23 24/04/23 17/07/23 09/10/23

ALN201 Ayurvedic Lifestyle and Nutrition	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV004 <i>Provide Ayurvedic lifestyle advice</i>, HLTAYV005 <i>Provide advice on Ayurvedic nutrition</i>, HLTAYV006 <i>Take cases within Ayurvedic framework</i>).</p> <p>Unit contents include application of Ayurvedic life style principles for daily and seasonal routine, doshic diet with emphasis on how to apply to daily cooking, concept of agni and its 40 types, examination techniques of Ayurveda including 3 fold, 5 fold, 8 fold examinations and other methods, concept of food and diet in Ayurvedic perspective, properties of food including Rasa (Taste) theory and Guna (qualities of food), basic culinary spices and their use in Ayurvedic cooking and their health benefits and role of other lifestyle practices including meditation and yoga and their relevance for different client types.</p>	800	400	01/02/23 24/04/23 17/07/23 09/10/23
ART301 Theory of Ayurvedic Body work and remedial therapies	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV003 <i>Provide Ayurvedic bodywork therapies</i>, HLTAYV008 <i>Provide Ayurvedic remedial therapies</i>). Unit contents include concepts, rules and regulations and ethical principles of massage, Indications, contraindication, possible reaction and referral, Ayurvedic massage techniques on individual parts of the body, ailment specific massage techniques in specific areas of the body, full body massage (abhyanga)</p> <p>including head massage (shiro abhyanga), and foot and hand massage (padabhyanga) and a selection of various ayurvedic oils for massages, Shiro dhara therapy - A unique therapy of continuous flow of medicated oils on the forehead for insomnia, hypertension, stress, etc. and also ayurvedic sauna therapy - full body sauna and partial body steam techniques, Ayurvedic meridian massage - includes explanation of meridians and their relation with tridoshas, physiological and emotional benefits of major meridian points and techniques of massage of the</p>	480	240	01/02/23 24/04/23 17/07/23 09/10/23

	meridians, ekanga dhara (oil poured on localised areas), pizhichil (oil bath), pinda sweda (herbal poultice treatment), lepas (pastes and anointments), kati and uro bastis (lower back and chest treatments), udgharshana (powder massages), netra basti (eye bath) and different varieties of sudation (swedana) therapies, marma massages, chakra massages and other ayurvedic holistic therapies. Students are required to attend practical sessions.			
TERM 3				
APW301 Intensive Practical Workshop	This practical intensive workshop is a hands on training module that covers the practical components of ALN201Ayurvedic Lifestyle and Nutrition ART301Ayurveda Bodywork and remedial therapies, and BMS101Biomedical Science. The unit covers techniques of Ayurvedic massage (Abhyanga), Ayurvedic Meridian, Marma and Chakra massages, Ayurvedic Snehana and Swedana therapies like Shirodhara, kati basti, pizhichil, pinda sweda, udgharshana, ruksha sweda, types of sauna and sudation therapies and Ayurvedic facials. Panchakarma procedures of various enemas or bastis, nasya karma, dhumapana, kavala, gandusha will also be covered.	1600	800	TBA
CLE401 Communication, Law and Ethics	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units CHCCOM006 Establish and manage client relationships, CHCLEG003 Manage legal and ethical compliance and CHCDIV001 work with diverse people. The unit contents include; legal and ethical considerations for establishing and managing client relationships and how these are applied, legal responsibilities and liabilities, legal and ethical frameworks, sources of information and advice on compliance, cultural awareness, cultural safety, diversity and cultural competence, modes and techniques for effective communication, techniques for motivational interviewing, barriers and influences on communication and ways to respond, techniques for dealing with difficult communication situations.	600	300	01/02/23 24/04/23 17/07/23 09/10/23

CPP401 Clinical Practice and procedures	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units CHCPRP003 Reflect on and improve own professional practice, HLTWHS004 Manage work health and safety, CHCPRP005 Engage with health professionals and the health system and HLTINF 004 Manage the prevention & control of infection. The unit covers clinical policies and procedures, instrument handling, Australian Health system and engaging with other health professionals, reflect on and improving own professional practice consultation protocol, workplace health and safety issues. Infection control and procedures are also covered.	240	120	31/01/22 26/04/22 18/07/22 10/10/22
HLTAID011 Provide First Aid	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAID011 Provide First Aid. Students must complete the theoretical components and relevant knowledge-based assessment prior to attending practical component. Areas covered include cardio-pulmonary resuscitation, Defibrillation, management of an unconscious casualty, internal and external bleeding, fractures, bandaging, burns, poisons, bites, stings, eye and ear injuries.			Can be completed externally
TERM 4				
WPT401 Workplace Training	These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the workplace which is an essential part of the course. During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.	3000	1500	TBA

BMA601 Business Marketing	<p>This unit provides the necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBSMB403 Market the small Business. The unit contents include industry market trends, performance evaluation methods, methods of analysing costs and benefits of marketing strategies, marketing objectives and marketing mix, methods of monitoring customer satisfaction and relevant market analysis and research.</p>	400	200	02/01/22 24/04/23 17/07/23 09/10/23
BPL701 Business Planning	<p>This unit provides the necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBSMB404 Undertake small business planning. The unit contents include development of a business plan incorporating goals and objectives, government legislative requirements relating to business operation, WHS responsibilities and procedures, of risk management, feasibility studies; strategic, operational, financial and marketing planning.</p>	400	200	01/02/23 24/04/23 17/07/23 09/10/23