



**aihfe**  
Australian Institute of Higher and Further Education

HLT62615

## Advanced Diploma of Ayurveda



This ancient traditional vedic system of medicine, with a history of more than 5000 years, focuses on the prevention and management of illnesses by adhering to basic life principles as well as by closely relating the human body and its physiological and pathological processes to the inherent principles of nature. Ayurveda is considered to be a complete system of medicine in its own right. Ayurveda treats each human as a distinct individual. Ayurveda recognises that each human represents a unique combination of physical, mental and emotional characteristics known as the tridoshas - Vata, Pitta and Kapha.

The imbalance of these tridoshas can lead to emotional, mental and physical discomfort, as well as illness. In order to balance these three elements of tridoshas, Ayurveda uses a variety of methods such as lifestyle modification, dietary advice, herbal treatment, massage and its unique detoxification method known as panchakarma. This comprehensive, nationally-recognised and industry-endorsed Ayurveda course has been designed to give you the required knowledge and skills to practice as an Ayurvedic Practitioner.

### MESSAGE FROM THE CEO & DEAN OF STUDIES

After twenty-five years of very full-filling journey, AIHM evolved to its new entity AIHFE with the commitment to provide most innovative, quality and cost-effective education solution to our knowledge and skills-hungry students. I take the journey of the AIHM as part of my own personal journey as an educator and the CEO of the institute. To provide its quality services and education, AIHFE has established an independent Advisory Board comprising of eminent university professors, health care professionals and experts with various professional skills. The institute work very closely with the industry and professional bodies to ensure the training provided by the institute is up to date and industry recognised.

The new Advanced Diploma of Ayurveda course meets all the competencies of the new nationally recognised training package so that the students can be assured that their qualification is nationally recognised. The college innovative delivery style makes it possible for anyone with true passion and commitment to learning to become a fully-fledged practitioner in Ayurveda and gain a nationally recognised Advanced Diploma qualification just in two years. I am certain that you will be inspired by the true passion and enthusiasm of the lecturers who teach various units in the course and the support you experience from our friendly admin team.

I look forward to welcoming you to the AIHFE.

**Dr Sarath (Sam) Jayawardana**  
*MD,LLB, PhD, Grad Dip Edu, Grad Dip Legal Practice, FAIM*





**HLT62615 ADVANCED DIPLOMA OF AYURVEDA**

This nationally recognised course has been designed to give students the required knowledge, skills and competencies to practise as Ayurveda practitioners.

During this course, students will learn the theory and practice of Ayurveda including constitutions, doshas, detoxification (panchakarmas), Ayurvedic herbs, Ayurvedic nutrition, Ayurvedic massage and therapies, marmas and chakras. In addition to Ayurveda, biomedical sciences, prevention and management of chronic diseases, communication, occupational health and safety, infection control, business planning, marketing, professional practice and development will also be covered.

Advanced Diploma of Ayurveda holders are eligible to apply for membership with professional organisations such as ANTA, ATMS, AAA that represents Ayurvedic practitioners. Industry associations may require additional information for eligibility of membership.



### GENERAL ENTRY REQUIREMENTS FOR AIHFE DIPLOMA AND ADVANCED DIPLOMA OF AYURVEDA

For Advanced Diploma and Diploma courses, the applicants will need to have completed the Western Australian Certificate of Education (Year 12) or equivalent or satisfactory completion of Certificate 4 or higher Australian Qualification or an equivalence. Mature age students with life experience may also apply for the course provided they meet literacy, language, and numeracy skill requirements. This will be determined at the admission interview. It is recommended that the prospective learner is physically able to undertake laborious tasks as part of their work placement requirements, such as administering appropriate Ayurveda massage techniques to clients.

### CAREER PROSPECTS AND OCCUPATIONAL TITLES FOR THIS QUALIFICATION:

Most of the graduates, upon graduation, set-up their own private clinics or work in multi-disciplinary clinics along with other health care professionals such as doctors, physiotherapists, chiropractors, osteopaths, and psychologists. Alternatively, some Ayurvedic practitioners establish and/or work in health retreats, and others become academics. So there are many opportunities a fresh graduate can opt for.

Occupational titles for this Qualification include;

- Ayurveda Practitioner
- Ayurveda Therapist

### SKILLS AND RESOURCES REQUIREMENTS:

Since all the theory components are delivered online/virtual mode, students must have a computer or a suitable mobile device with webcam and audio, a web browser such as Google Chrome or Firefox, Microsoft or similar software (e.g.: words, PowerPoints), PDF reader and zoom access, and the ability to operate a computer and the required software. Students may have to purchase the required textbooks and the list of those textbooks will be provided in each unit once students are enrolled in the unit/s. A stethoscope and sphygmomanometer is required when they attend the workshop and work placement.

### STUDENT SUPPORT

Core skills are an essential aspect of the basic foundations of any work task – from communicating instructions to completing reports. The five core skills crucial for students to effectively participate in vocational education and training are learning, reading, writing, oral communication and numeracy.

We generally assess a student's core skills during the enrolment process to ensure they have adequate skills to complete the training at the interview. Where we have identified minor core skills deficiencies, we would develop a support plan for the student. The plan is to be tailored to the student's specific needs and can include:

- Weekly sit-downs with the Trainer to find out how they are progressing and what level of assistance may be required;
- Provide reasonable extensions for submissions; and
- Provide learners with additional resources to assist them in understanding the learning and assessment materials.

Where we have identified major core skills deficiencies, we would refer the student to a specialist provider before they are eligible to commence their training with us.

Where you require a specific support system, please reach out to our Student & Administration Support personnel by emailing [registrar@aihfe.edu.au](mailto:registrar@aihfe.edu.au) to discuss options that may be available.

To find out about our other students' services, please visit the services and facilities page on our website.

### ASSESSMENT METHODS

AIHFE does not assess students based on a final examination result. Instead, AIHFE uses multiple tools and methods to assess student's knowledge and skills (competencies). They include verbal questioning, written assignments and projects, observation and practical assessment at the workplace to ensure that students are fully competent in the areas of study. If a student is not deemed to be competent at an assessment, they may be given another opportunity or an alternative method to demonstrate their competency. Further assessment beyond two attempts may cost the students depending on the assessment required. (Please refer to AIHFE assessment policy and fee structure)

Since the competency of many units is assessed in the workplace (clinic), students will not be eligible to receive a unit of competency until they have completed the required workplace clinic unit and are assessed at the workplace. All assessment tools will be reviewed annually to ensure the AIHFE's assessments remain valid, current and relevant to client and industry needs. Where there is more than one assessor involved in the delivery and assessment of a VET unit of study, an assessment will be designed with input from all assessors in order to judge the students' levels of competency.



**RECOGNITION OF PRIOR LEARNING (RPL)**

RPL is a process that assesses a learner's competency, which has previously been acquired outside of the formal training and education system, to determine if a learner meets the requirements for a unit of competency.

The RPL process removes any duplication of training and assessment and enables students to gain formal qualifications based on the informal training and education they possess.

For details of RPL please visit the AIHFE website and read AIHFE RPL policy and procedure or contact us. A fee will incur for RPL process, and please read the fee structure document provided on our website under each course.

**CREDIT TRANSFER**

If a student provides suitable evidence that they have successfully completed a nationally recognised unit or module, we provide credit for the successfully completed unit or module so that the student does not have to enrol and complete that unit/module. Suitable evidence includes AQF certification documentation issued by any other RTO or AQF authorised issuing organisation or an authenticated VET transcript issued by the Registrar. A fee will incur for issuing credit to learners. Please read the fee structure document provided on our website under each course.

It is important to note that credit transfer is not a recognition of prior learning. Recognition of prior learning is a form of assessment and is addressed in our Recognition of Prior Learning section. For details, please refer to our Credit transfer policy on our website.

**OUR OBLIGATIONS TO YOU AS A LEARNER**

We take our responsibility and the trust you have placed on us seriously. We are committed to provide you with the required current training and assessment using appropriately qualified trainers and assessors. As an RTO we are responsible for the issuing of your qualification and statement of attainment.

In an unforeseen circumstance where we can't deliver the unit /course where you have paid in full and enrolled we will refund your fees for the uncompleted part of the unit/course subject to our refund policy.



### COURSE OBJECTIVES

- Gain knowledge, skills and competency to qualify as an Ayurvedic practitioner.
- Use Ayurveda to prevent and manage diseases and to improve quality of health.
- Study and specialise in Ayurvedic treatments.
- Instil an awareness of the professional aspects and the responsibility of a health care practitioner.
- Provide an opportunity for an alternative path to higher education studies.
- Provide opportunities for self-improvement and personal development.

### COURSE STRUCTURE

The Advanced Diploma of Ayurveda course can be completed in two years. Part-time study may take up to four years. It is a requirement that students do complete a minimum of 400 hours of supervised clinical training. Clinical sessions should be conducted at the workplace (Clinics) and supervised by qualified practitioners commencing from the fourth term.

All the theoretical units will be delivered online with recorded lectures and real time interactive tutorials where students can interact with their teachers and fellow students. The entire class will be recorded for the students to access 7 days a week, 24 hours a day during the term in which they are enrolled.

Intensive clinical workshop: students are required to attend two weeks intensive workshop held in Perth or any other destination in Australia as determined by the college, depending on students' requirements. The workshop is conducted before commencing clinical placement.

Subjects delivered by AIHFE are mapped against nationally-recognised units of competency from the Health Training Package and students may be required to complete more than one AIHFE subject to gain or

complete a unit of competency. Some of the AIHFE subjects may cover more than one unit of competency. Most of the unit assessments will be concluded in the workplace/clinic. Therefore unit of competency may not be awarded until the assessments are completed at the workplace for those units.

### COURSE SUMMARY:

**Duration:** 2 years full-time or 4 years part-time  
**Mode of delivery:** Blended delivery, both virtual and workplace (Clinic) training.

#### Payment options:

- Bank transfer
- Credit Card payment
- Interest-free 5 fortnightly installment payment commencing at least one week prior to the term commencement (a small admin fees will be charged by the third party who administers this service)

**Clinical training:** By attending AIHM Ayurveda and Wellness clinic in Medina, WA or at an AIHFE-approved clinic.

### WHY YOU SHOULD STUDY AYURVEDA AT AIHFE

- Qualify in two years with a nationally-recognized and, industry-acknowledged qualification.
- Competitive fee structure.
- Interest free easy payment plan.
- Scholarships award each worth \$2000 - \$5000.
- Innovative and new learning methods.
- Unlimited access to recorded lectures.
- Full-time, and part-time option.
- Highly qualified and experienced lecturers.
- Live online real-time classes/tutorials so that you can interact with your lectures and fellow students in real time without leaving your home!
- Free access to recorded lectures 24 hours a day, seven days a week.
- Longest established registered Ayurveda training institute in Australia.
- Opportunities for further education and training in Ayurvedic hospitals in India (Optional).

Module	AIHFE Subject		Prerequisite/ Corequisite for AIHFE subjects	Unit of Competency	
Module 01	AYF101	Foundation of Ayurveda	Nil	HLTAYV001 HLTAYV002	Develop Ayurvedic practice Make Ayurvedic lifestyle assessment
	BMS101	Biomedical science 1	Nil	HLTAAP003	Analyse and respond to clients health information
	EMI101	Emotional intelligence	Nil	BSBPEF502	Develop and use emotional intelligence
Module 02	ALN201	Ayurvedic lifestyle and nutrition	AYF101	HLTAYV004 HLTAYV005 HLTAYV006	Provide Ayurvedic lifestyle advice Provide advice on Ayurvedic nutrition Take cases within Ayurvedic framework
	BMS202	Biomedical science 2	BMS101	HLTAAP003	Analyse and respond to clients health information
	APC201	Ayurvedic pharmacology	ALN201	HLTAYV010	Select and advice on Ayurvedic medicines - Dravyaguna
Module 03	ART301	Ayurvedic body work and remedial therapies	AYF101	HLTAYV003 HLTAYV008	Provide Ayurvedic bodywork therapies Provide Ayurvedic remedial therapies
	ADP301	Ayurvedic dispensing	APC201	HLTAYV011	Prepare and dispense Ayurvedic medicines - Dravyaguna
	ANT302	Ayurvedic nutrition	ALN201	HLTAYV009	Provide therapeutic Ayurvedic nutritional advice
Module 04	APW301	Intensive practical workshop	APC201 ALN201 ART301 ADP301 ANT302 ADG501	HLTAYV003 HLTAYV004 HLTAYV005 HLTAYV006 HLTAYV008 HLTAYV010 HLTAYV011	Provide Ayurvedic bodywork therapies Provide Ayurvedic lifestyle advices Provide advice on Ayurvedic nutrition Take cases within Ayurvedic framework Provide Ayurvedic remedial therapies Select and advice on Ayurvedic medicines - Dravyaguna Prepare and dispense Ayurvedic medicines - Dravyaguna
	AMT601	Manage Ayurvedic treatment	ADG501 ART301 APC201 ALN201	HLTAYV012	Monitor and evaluate Ayurvedic treatments
	ADG501	Ayurvedic diagnosis	BMS202 APW301	HLTAYV007	Diagnose conditions within an Ayurvedic framework

Module	AIHFE Subject		Prerequisite/ Corequisite for AIHFE subjects	Unit of Competency	
Module 04	CPP401	Clinical practice and procedures	Nil	CHCPRP003	Reflect and improve own professional practice
				HLTWHS004	Manage work health and safety
				CHCCRP005	Engage with health professionals and the health system
				HLTINF004	Manage the prevention & control of infection
	HLTAID011	Provide First Aid	Nil	HLTAID011	Provide First Aid
Module 05	RES501	Research skills	Nil	CHCPOL003	Research and apply evidence to practice
	CLE401	Communication law and ethics	Nil	CHCCOM006	Establish and manage client relationships
				CHCLEG003	Manage legal and ethical compliance
				CHCDIV001	Work with diverse people
	ACL401	Clinical practice	APW301 CLE401 CPP401 HLTAID011 BMS202	HLTAYV002	Make Ayurvedic lifestyle assessments activity
				HLTAYV003	Provide Ayurvedic bodywork therapies
				HLTAYV004	Provide Ayurvedic lifestyle advice
				HLTWHS004	Manage work health and safety
				HLTINF004	Manage the prevention and control of infection
				CHCPRP003	Reflect on and Improve own professional practice
Module 06	BPL701	Business planning	Nil	BEBESB401	Research and develop business plans
	ACL502	Clinical practice	ACL401	HLTAYV002	Make Ayurvedic lifestyle assessments activity
				HLTAYV003	Provide Ayurvedic bodywork therapies
				HLTAYV004	Provide Ayurvedic lifestyle advice
				HLTAYV005	Provide advice on Ayurvedic nutrition
				HLTAYV006	Take cases within Ayurvedic framework
				HLTAYV010	Select and Advice on Ayurvedic medicines - Dravyaguna
				CHCLEG003	Manage legal and ethical compliance
				CHCDIV001	Work with diverse people
				CHCCOM006	Establish and manage client relationships
				BSBLDR511/ BSBPCF502	Develop and use emotional intelligence
				CHCCRP005	Engage with health professionals and the health system



Module	AIHFE Subject		Prerequisite/ Corequisite for AIHFE subjects	Unit of Competency	
Module 07	BMA601	Business marketing	Nil	BSBESB404	Business Marketing- Market new business ventures
	ACL603	Clinical practice	ACL502	HLTAYV002 HLTAYV003 HLTAYV004 HLTAYV005 HLTAYV006 HLTAYV010 HLTAYV007 HLTAYV008 HLTAYV009 HLTAYV012 HLTAAP003	Make Ayurvedic lifestyle assessments Activity Provide Ayurvedic bodywork therapies Provide Ayurvedic lifestyle advice Provide advice on Ayurvedic nutrition Take cases within Ayurvedic framework Select and Advice on Ayurvedic medicines - Dravyaguna Diagnose conditions within an Ayurvedic framework Provide Ayurvedic remedial therapies Provide therapeutic Ayurvedic nutritional advice Monitor and evaluate Ayurvedic treatments Analyse and respond to client health information
Module 08	ACL 704	Clinical practice	ACL603	HLTAYV005 HLTAYV006 HLTAYV010 HLTAYV007 HLTAYV008 HLTAYV009 HLTAYV011 HLTAYV012 CHCPOL003	Provide advice on Ayurvedic nutrition Take cases within Ayurvedic framework Select and Advice on Ayurvedic medicines - Dravyaguna Diagnose conditions within an Ayurvedic framework Provide Ayurvedic remedial therapies Provide therapeutic Ayurvedic nutritional advice Prepare and dispense Ayurvedic medicines - Dravyaguna: Monitor and evaluate Ayurvedic treatments Research and apply evidence to practice
	ACL805	Clinical practice	ACL 704	HLTAYV005 HLTAYV006 HLTAYV010 HLTAYV007 HLTAYV008 HLTAYV009 HLTAYV012 CHCPRP003	Provide advice on Ayurvedic nutrition Take cases within Ayurvedic framework Select and Advice on Ayurvedic medicines - Dravyaguna Diagnose conditions within an Ayurvedic framework Provide Ayurvedic remedial therapies Provide therapeutic Ayurvedic nutritional advice Monitor and evaluate Ayurvedic treatments Reflect on and improve own professional practice

**FOUNDATION OF AYURVEDA AYF 101**

Pre requisite: NIL

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV001 Develop Ayurvedic Practice and HLTAYV002 Make Ayurvedic lifestyle assessments.

Students will learn the history and philosophies and principles of Ayurveda and how they are applied in practice. They include but not limited to interpretation of health issue in the context of Ayurveda, five elements (panchamahabhutas theory) and tridoshas (Vata, Pitta and Kapha), prakruthi (constitution), vikruthi (imbalance) of an individual, states of mind (manasa gunas), concept of soul (atma), prana (life force), application of daily and seasonal routine to the concept of Ayurveda, fifteen sub-types of the tridoshas; fire (agni) and its types, tissues (dhatus) and waste products (malas) and explanation of ojas, ama in Ayurveda, Ayurvedic lifestyle case taking and the place of Ayurveda in contemporary health care system in Australia. Assessment for the unit will be completed after completion of required clinical hours and completion of CLE 401 Communication, Law and Ethics unit.

**AYURVEDIC PHARMACOLOGY APC 201**

Pre requisite: ALN 201

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV 010 select and advice on Ayurvedic medicine (Dravyaguna)

This unit covers minimum of 100 Dravya and dravyaguna.gunas, current scheduled or restricted Ayurvedic herbs, culinary herbs, groups of herbs used in Ayurveda, their contraindications, identification and distinguishing features, interrelationships and incompatibilities, Ayurvedic herbs with respect to their use for general symptoms, energetic, psychological and physiological indications, active principles of the medicines used for each dosha, condition and system, methods of administration, ubtans, lepas, base, essential and herb oils, resins, extracts, clays, balms, washes, lubricants, pastes, decoctions, pharmacokinetic and pharmacodynamics effects of herbs dosage, drug toxicity and toxicology, interaction of treatments with foods, other herbs, nutritional supplements and drugs and principles of formulation including dosage and duration of treatment will also be discussed.

**AYURVEDIC DISPENSING ADP 301**

Pre requisite: AYF 101; APC201

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAYV011 Prepare and dispense Ayurvedic medicines - Dravyaguna.

Unit contents include: manufacture of various Ayurvedic medicines including churnas, tailam, asavas, principles of formulation, methods of preparation, dosage, benefits, drug toxicity of major medicines ,legal and ethical requirements, TGA guidelines, labelling, quality control procedures. The students are required to attend practical sessions.

**AYURVEDIC LIFE STYLE AND NUTRITION ALN 201**

Pre requisite: AYF 101

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV004 Provide Ayurvedic lifestyle advice, HLTAYV 005 Provide advice on Ayurvedic nutrition, HLTAYV006 Take cases within Ayurvedic framework).

Unit contents include application of Ayurveda life style principles for daily and seasonal routine, doshic diet with emphasis on how to apply to daily cooking, concept of agni and its 40 types, examination techniques of Ayurveda including 3 fold, 5 fold, 8 fold examinations and other methods, concept of food and diet in Ayurvedic perspective, properties of food including Rasa (Taste) theory and Guna (qualities of food), basic culinary spices and their use in Ayurvedic cooking and their health benefits and role of other lifestyle practices including meditation and yoga and their relevance for different client types.

**AYURVEDIC BODY WORK AND REMEDIAL THERAPIES**

ART 301 Prerequisite: AYF 101

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV003 Provide Ayurvedic bodywork therapies, HLTAYV008 Provide Ayurvedic remedial therapies).

Unit contents include concepts, rules and regulations and ethical principles of massage, Indications, contraindication, possible reaction and referral, Ayurvedic massage techniques on individual parts of the body, ailment specific massage techniques in specific areas of the body, full body massage (abhyanga) including head massage (shiro abhyanga), and foot and hand massage (padabhyanga) and a selection of various ayurvedic oils for massages, Shiro dhara therapy - A unique therapy of continuous flow of medicated oils on the forehead for insomnia, hypertension, stress, etc. and also ayurvedic sauna therapy - full body sauna and partial body steam techniques, Ayurvedic meridian massage - includes explanation of meridians and their relation with tridoshas, physiological and emotional benefits of major meridian points and techniques of massage of the meridians, ekanga dhara (oil poured on localised areas), pizhichil (oil bath), pinda sweda (herbal poultice treatment), lepas (pastes and anointments), kati and uro bastis (lower back and chest treatments), udgharshana (powder massages), netra basti (eye bath) and different varieties of sudation (swedana) therapies, marma massages, chakra massages and other ayurvedic holistic therapies. Students are required to attend practical sessions.

**AYURVEDIC NUTRITION ANT 302**

Pre requisite: ALN 201

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAYV009 Provide therapeutic Ayurvedic nutritional advice.

The unit contents include concept of nutrition in health, principles of an Ayurvedic nutrition and diet, diet according to doshas, individual constitutions (prakruthi) and imbalances (vikruthi), basic knowledge of the process of digestion, absorption and metabolism; dietary factors including taste (rasa), qualities (guna), potency (virya), post digestive effects (vipaka), unique properties (prabhava) of food and herbs, classification of Ayurvedic food ,Introduction to food and mind; sattvic diet and the energetics of food , cultural restrictions on diet, nutritional supplementation, specific diets for the doshas, dual types, diet according to seasons, preparation of nutritional plans, zonal diet, Includes Ayurvedic cooking recipes and practical demonstrations.

## AYURVEDIC DIAGNOSIS ADG 501 Prerequisite: BMS 202, APW301

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV007 Diagnose conditions within an Ayurvedic framework HLTAYV006 Take cases within Ayurvedic framework.

The unit contents include Ayurveda case taking using all the principles of Ayurveda such as trividha pariksha (three fold examination), ashtavidha pariksha (eight fold examination) and dasavidha pariksha (tenfold examination), interpretation of medical information and related information appropriately to the Ayurvedic approach, client interaction, analysis and diagnosis of conditions based on Ayurvedic principles and development of treatment plans.

## INTENSIVE PRACTICAL WORKSHOP APW 301 Prerequisite: APC 201, ALN 201, ART 301, ADP 301, ANT 302 ADG 501

This practical intensive workshop is a hands on training module that covers the practical components of Ayurvedic Pharmacology APC 201, Ayurvedic Lifestyle and Nutrition ALN 201, Ayurveda Bodywork and remedial therapies ART 301, Ayurvedic Dispensing ADP 301, Ayurvedic Nutrition ANT 302. The unit covers techniques of Ayurvedic massage (Abhyanga), Ayurvedic Meridian, Marma and Chakra massages, Ayurvedic Snehana and Swedana therapies like Shirodhara, kati basti, pizhichil, pinda sweda, udgharshana, ruksha sweda, types of sauna and sudation therapies and Ayurvedic facials. It also covers preparation of various Ayurvedic nutritional recipes, manufacturing of various Ayurvedic medicinal preparations of the primary kalpanas and secondary kalpanas like decoctions, churnas, vatis, tablets, asavas and arishtas, guggulu preparations, medicated ghee and oils, Ayurvedic jams. Panchakarma procedures of various enemas or bastis, nasya karma, dhumapana, kavala, gandusha will also be covered.

## PROVIDE FIRST AID HLT AID011 Prerequisite: Nil

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLT AID011 Provide First Aid. Students must complete the theoretical components and relevant knowledge based assessment prior to attending practical component. Areas covered include cardio-pulmonary resuscitation, Defibrillation, management of an unconscious casualty, internal and external bleeding, fractures, bandaging, burns, poisons, bites, stings, eye and ear injuries.

## BIOMEDICAL SCIENCE1 BMS 101 Prerequisite: Nil

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLT AAP 003 Analyse and respond to clients health information.

The unit contents include: structural organization of body, Cells and tissues, Anatomy and Physiology of the integumentary system, Musculo-skeletal system, digestive system, cardio vascular system, lymphatic and immune systems. Concepts of Chemistry, microbiology, pharmacology and pathology relevant to the body systems will also be covered. Common disorders of the systems, symptoms and signs and differential diagnosis will also be covered.

## MANAGE AYURVEDIC TREATMENT AMT 601 Prerequisite: ADG501

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAYV012 Monitor and evaluate Ayurvedic treatments.

The unit contents include management of clients taking legal and ethical aspects in to consideration, regular clients' follow up and feedback, acknowledgement of possible complication of treatment and ways to respond, treatment expectation, application of research in the case management, use of Ayurveda principles in the management and continuity of treatment.

## EMOTIONAL INTELLIGENCE EMI 101 Prerequisite: Nil

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBPEF502 Develop and use emotional intelligence.

The unit covers development and use of emotional intelligence to increase self-awareness, selfmanagement, social awareness and relationship management in the context of the workplace. It includes identifying the impact of own emotions on others in the workplace, recognising and appreciating the emotional strengths and weaknesses of others, promoting the development of emotional intelligence in others and utilising emotional intelligence to maximise team outcomes. In addition, emotional impact on health and wellbeing is also discussed.

## COMMUNICATION, LAW AND ETHICS CLE 401 Prerequisite: Nil

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units CHCCOM006 Establish and manage client relationships, CHCLEG003 Manage legal and ethical compliance and CHCDIV001 Work with diverse people. The unit contents include; legal and ethical considerations for establishing and managing client relationships and how these are applied, legal responsibilities and liabilities, legal and ethical frameworks, sources of information and advice on compliance, cultural awareness, cultural safety, diversity and cultural competence, modes and techniques for effective communication, techniques for motivational interviewing, barriers and influences on communication and ways to respond, techniques for dealing with difficult communication situations.

## BIOMEDICAL SCIENCES 2 BMS 202 Pre requisite: BMS 101.

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLT AAP 003 Analyse and respond to clients health information.

The unit contents include Anatomy, physiology, pharmacology and pathology related to respiratory, endocrine, nervous, reproductive and urinary systems. Common disorders of these systems, symptoms, signs and differential diagnosis will also be covered. Common environmental emergencies, trauma, overdose, poisoning, and surgical insult and their impact on our health will also be discussed.



**CLINICAL PRACTICE AND PROCEDURES CPP 401****Prerequisite:** Nil

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units CHCPRP003 Reflect on and improve own professional practice, HLTWHS004 Manage work health and safety, CHCPRP 005 Engage with health professionals and the health system and HLTINF 004 Manage the prevention & control of infection.

The unit covers clinical policies and procedures, instrument handling, Australian Health system and engaging with other health professionals, reflect on and improving own professional practice consultation protocol, workplace health and safety issues. Infection control and procedures are also covered.

**RESEARCH SKILL RES 501****Prerequisite:** Nil

This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit CHCPOL003 Research and apply evidence to practice. The unit contents include: purpose of research, source of information, principles of evidence-based practice, ways to evaluate for the validity of information and analysis of information.

**BUSINESS PLANNING BPL 701****Prerequisite:** Nil

This unit provides the necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBESB401 Research and Develop Business Plan. The unit contents include development of a business plan incorporating goals and objectives, government legislative requirements relating to business operation, WHS responsibilities and procedures, of risk management, feasibility studies; strategic, operational, financial and marketing planning.

**INTENSIVE CLINIC ACL 401, ACL 502, ACL 603, ACL 704 AND ACL 805****Prerequisite /Co-requisites:** APW301,CLE401, CPP401,FAD401,BMS202

These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the work place which is an essential part of the course. During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.

**BUSINESS MARKETING BMA 601****Prerequisite:** Nil

This unit provides the necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBESB404 Market New Business Ventures. The unit contents include industry market trends, performance evaluation methods, methods of analysing costs and benefits of marketing strategies, marketing objectives and marketing mix, methods of monitoring customer satisfaction and relevant market analysis and research.

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