

Dry needling (Fine Needling) course

What is fine needling or dry needling:

Fine needling is a needling method by which filiform needles are inserted in to certain specific points in the body to induce neuro- humeral response. Fine needling is used in this method of treatment is different to that of Acupuncture where as in Acupuncture the therapist objective is to rectify the qi (vital energy) imbalance which causes disorders. Fine needling techniques can be effectively used in the treatment of musculo-skeletal disorders, to enhance tissue repair and healing, to reduce muscle tension, and pain reduction.

Course contents:

- Theories of fine/dry needling
- Contrasting fine needling with Acupuncture and 'Marma' points used in Ayurveda
- Legal and health implication
- Point location
- Common disorders where Fine needling can be used.
- Method of needle insertion
- Fine needling for muscular headache
- Needling on the face
- Needling in neck and shoulder
- Needling in the arms
- Needling in the back
- Needling in the legs

Course outcome:

Up on completion of the course learners will have competencies to use fine needling therapy in the management of common musculo- skeletal disorders and to enhance tissue repair and pain reduction.

Course time, dates and venue:

Time: 10am-5 pm

Dates: 30th June, 1st & 2nd July 2017. (Please note numbers are limited, Enrollments on first come first serve basis)

Venue: AIHM, 862, North Lake Rd, Cockburn Central

Entry requirements:

Must be a health care professional with the training at AQF level 5 or above or students who have completed all the biomedical subjects including musculo- skeletal anatomy.

Cost: : AIHFE Students special discounted price: \$640

All the participants are provided with needles and swab to practice.



Certificate of attendance is provided.

Registration form:

Name: _____

Email: _____

Phone number: _____

Address: _____

Qualification or the year of studies and the course in completion:

Have you completed musculo- skeletal anatomy in your course? (please circle one) **YES/NO**

I declare that the above information provided by me is correct.

Signature: _____

Date: _____

To confirm your booking, you must make the course fees payment in full either by credit card, electronic payment, cheque or bank transfer.

Bank details: AIHFE

BSB: 116 879

Account number: 422966227

Please Email, post, hand deliver your application with the course fees and or payment details.

AIHM

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