

HLT62615 ADVANCED DIPLOMA OF AYURVEDA

Schedule and fees for 2019

Total course tuition fees (8 terms) for eligible students = \$19400.00

All unit of study tuition fees are applicable for units of study delivered by the AIHFE, both Virtual Campus studies and Clinical practical studies

AIHFE unit of study	Brief Unit description	Unit fee	RPL Unit Fee	2019 Start dates	2019 End dates
TERM 1					
AYF101 Foundation of Ayurveda	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV 001 <i>Develop Ayurvedic Practice</i> and HLTAYV 002 <i>Make Ayurvedic lifestyle assessments</i>).</p> <p>Students will learn the history, philosophy and principles of Ayurveda and how they are applied in practice. They include but not limited to interpretation of health issue in the context of Ayurveda, five elements (panchamahabhuta theory) and tridoshas (vata, pitta and kapha), prakruthi (constitution), vikruthi (dynamic balance) of an individual, states of mind (manasa gunas), concept of soul (atma), prana (life force) , application of daily and seasonal routine to the concept of Ayurveda, fifteen sub-types of the tridoshas; fire (agni) and its types, tissues (dhatus) and waste products (malas) and explanation of ojas, ama in Ayurveda, Ayurvedic lifestyle case taking and the place of Ayurveda in contemporary health care system in Australia. Assessment for the unit will be completed after completion of required clinical hours and completion of CLE 401 Communication, Law and Ethics unit.</p>	1200	600	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
BMS101 Biomedical Science	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAAP 003 Analyse and respond to clients health information.</p> <p>The unit contents include: structural organization of body, Cells and tissues, Anatomy and Physiology of the</p>	1000	500	Weekday 04/02/2019	Weekday 12/04/2019

	integumentary system, Musculo-skeletol system, digestive system, cardio vascular system, lymphatic and immune systems. Concepts of Chemistry, microbiology, pharmacology and pathology relevant to the body systems will also be covered. Common disorders of the systems, symptoms and signs and differential diagnosis will also be covered.			Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
EMI101 Emotional Intelligence	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBDLR501 Develop and use emotional intelligence. The unit covers development and use of emotional intelligence to increase self-awareness, self management, social awareness and relationship management in the context of the workplace. It includes identifying the impact of own emotions on others in the workplace, recognising and appreciating the emotional strengths and weaknesses of others, promoting the development of emotional intelligence on others ad utilising emotional intelligence to maximise team outcomes. In addition, emotional impact on health and wellbeing is also discussed.	400	200	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
TERM 2					
ALN201 Ayurvedic Lifestyle and Nutrition	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV004 <i>Provide Ayurvedic lifestyle advice</i> , HLTAYV005 <i>Provide advice on Ayurvedic nutrition</i> , HLTAYV006 <i>Take cases within Ayurvedic framework</i>).	800	400	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019

	Unit contents include application of Ayurvedic life style principles for daily and seasonal routine, doshic diet with emphasis on how to apply to daily cooking, concept of agni and its 40 types, examination techniques of Ayurveda including 3 fold, 5 fold, 8 fold examinations and other methods, concept of food and diet in Ayurvedic perspective, properties of food including Rasa (Taste) theory and Guna (qualities of food), basic culinary spices and their use in Ayurvedic cooking and their health benefits and role of other lifestyle practices including meditation and yoga and their relevance for different client types.				
BMS202 Bio Medical Science	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAAP 003 Analyse and respond to clients health information. The unit contents include Anatomy, physiology, pharmacology and pathology related to respiratory, endocrine, nervous, reproductive and urinary systems. Common disorders of these systems, symptoms, signs and differential diagnosis will also be covered. Common environmental emergencies, trauma, overdose, poisoning, and surgical insult and their impact on our health will also be discussed.	1000	500	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
APC201 Ayurvedic Pharmacology	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV 010 select and advice on Ayurvedic medicine (Dravyaguna)	1000	500	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019

	<p>This unit covers minimum of 100 Dravya and dravyaguna.gunas, current scheduled or restricted Ayurvedic herbs, culinary herbs, groups of herbs used in Ayurveda, their contraindications, identification and distinguishing features, interrelationships and incompatibilities, Ayurvedic herbs with respect to their use for general symptoms, energetic, psychological and physiological indications, active principles of the medicines used for each dosha, condition and system, methods of administration, ubtans, lepas, base, essential and herb oils, resins, extracts, clays, balms, washes, lubricants, pastes, decoctions, pharmacokinetic and pharmacodynamics effects of herbs dosage, drug toxicity and toxicology, interaction of treatments with foods, other herbs, nutritional supplements and drugs and principles of formulation including dosage and duration of treatment will also be discussed.</p>				
TERM 3					
ART301 Theory of Ayurvedic Body work and remedial therapies	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV003 <i>Provide Ayurvedic bodywork therapies</i>, HLTAYV008 <i>Provide Ayurvedic remedial therapies</i>).</p> <p>Unit contents include concepts, rules and regulations and ethical principles of massage, Indications, contraindication, possible reaction and referral, Ayurvedic massage techniques on individual parts of the body, ailment specific massage techniques in specific areas of the body, full body massage (abhyanga) including head massage (shiro abhyanga), and foot and hand massage (padabhyanga) and a selection of various ayurvedic oils for massages, Shiro dhara therapy - A unique therapy of continuous flow of medicated oils on the forehead for insomnia, hypertension, stress, etc. and also ayurvedic sauna therapy - full body sauna and partial body steam techniques, Ayurvedic meridian massage - includes explanation of meridians and their relation with tridoshas, physiological and emotional benefits of major meridian points and techniques of massage of the meridians, ekanga dhara (oil poured on localised areas), pizhichil (oil bath), pinda sweda (herbal poultice treatment), lepas (pastes and anointments), kati and uro bastis (lower back and chest treatments), udgharshana</p>	480	240	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019

	(powder massages), netra basti (eye bath) and different varieties of sudation (swedana) therapies, marma massages, chakra massages and other ayurvedic holistic therapies. Students are required to attend practical sessions.			Weekday 14/10/2019	Weekday 19/12/2019
ADP301 Ayurvedic Dispensing	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAYV 011 <i>Prepare and dispense Ayurvedic medicines – Dravyaguna</i> . Unit contents include: manufacture of various Ayurvedic medicines including churnas, tailam, asavas, principles of formulation, methods of preparation, dosage, benefits, drug toxicity of major medicines ,legal and ethical requirements, TGA guidelines, labelling, quality control procedures. The students are required to attend practical sessions	320	160	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
ANT302 Ayurvedic Nutrition	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAYV009 <i>Provide therapeutic Ayurvedic nutritional advice</i> The unit contents include concept of nutrition in health, principles of an Ayurvedic nutrition and diet, diet according to doshas, individual constitutions (prakruthi) and imbalances (vikruthi), basic knowledge of the process of digestion, absorption and metabolism; dietary factors including taste (rasa), qualities (guna), potency (virya), post digestive effects (vipaka), unique properties (prabhava) of food and herbs, classification of Ayurvedic food ,Introduction to food and mind; sattvic diet and the energetics of food , cultural restrictions on diet, nutritional supplementation, specific diets for the doshas, dual types, diet according to seasons, preparation of nutritional plans, zonal diet, Includes Ayurvedic cooking recipes and practical demonstrations.	400	200	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
APW301 Intensive Practical Workshop	This practical intensive workshop is a hands on training module that covers the practical components of Ayurvedic Pharmacology APC201, Ayurvedic Lifestyle and Nutrition ALN201, Ayurveda Bodywork and remedial therapies ART301, Ayurvedic Dispensing ADP301, Ayurvedic Nutrition ANT302. The unit covers techniques of Ayurvedic massage (Abhyanga), Ayurvedic Meridian, Marma and Chakra	1600	800	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019

	massages, Ayurvedic Snehana and Swedana therapies like Shirodhara, kati basti, pizhichil, pinda sweda, udgharshana, ruksha sweda, types of sauna and sudation therapies and Ayurvedic facials. It also covers preparation of various Ayurvedic nutritional recipes, manufacturing of various Ayurvedic medicinal preparations of the primary kalpanas and secondary kalpanas like decoctions, churnas, vatis, tablets, asavas and arishtas, guggulu preparations, medicated ghee and oils, Ayurvedic jams. Panchakarma procedures of various enemas or bastis, nasya karma, dhumapana, kavala, gandusha will also be covered.			Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
TERM 4					
CLE401 Communication , Law and Ethics	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units CHCCOM006 Establish and manage client relationships, CHCLEG003 Manage legal and ethical compliance and CHCDIV work with diverse people. The unit contents include; legal and ethical considerations for establishing and managing client relationships and how these are applied, legal responsibilities and liabilities, legal and ethical frameworks, sources of information and advice on compliance, cultural awareness, cultural safety, diversity and cultural competence, modes and techniques for effective communication, techniques for motivational interviewing, barriers and influences on communication and ways to respond, techniques for dealing with difficult communication situations.	600	300	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
CPP401 Clinical Practice and procedures	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units CHCPRP003 Reflect on and improve own professional practice, HLTWHS004 Manage work health and safety, CHCPRP005 Engage with health professionals and the health system and	240	120	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019

	<p>HLTINF 004 Manage the prevention & control of infection.</p> <p>The unit covers clinical policies and procedures, instrument handling, Australian Health system and engaging with other health professionals, reflect on and improving own professional practice consultation protocol, workplace health and safety issues. Infection control and procedures are also covered.</p>			<p>Weekday 22/07/2019</p>	<p>Weekday 27/09/2019</p>
				<p>Weekday 14/10/2019</p>	<p>Weekday 19/12/2019</p>
FAD401 First Aid	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAID003 Provide First Aid. Students must complete the theoretical components and relevant knowledge based assessment prior to attending practical component.</p> <p>Areas covered include cardio-pulmonary resuscitation, Defibrillation, management of an unconscious casualty, internal and external bleeding, fractures, bandaging, burns, poisons, bites, stings, eye and ear injuries.</p>	120	60	<p>Weekday 04/02/2019</p>	<p>Weekday 12/04/2019</p>
				<p>Weekday 29/04/2019</p>	<p>Weekday 05/07/2019</p>
				<p>Weekday 22/07/2019</p>	<p>Weekday 27/09/2019</p>
				<p>Weekday 14/10/2019</p>	<p>Weekday 19/12/2019</p>
ACL401 Clinic Intensive	<p>These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the work place which is an essential part of the course. During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.</p>	1600	800	<p>Weekday 04/02/2019</p>	<p>Weekday 12/04/2019</p>
				<p>Weekday 29/04/2019</p>	<p>Weekday 05/07/2019</p>
				<p>Weekday 22/07/2019</p>	<p>Weekday 27/09/2019</p>
				<p>Weekday 14/10/2019</p>	<p>Weekday 19/12/2019</p>
Term 5					
ADG501 Ayurvedic Diagnosis	<p>This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised units HLTAYV007 <i>Diagnose</i></p>	600	300	<p>Weekday 04/02/2019</p>	<p>Weekday 12/04/2019</p>

	<i>conditions within an Ayurvedic framework HLTAYV006 take cases within Ayurvedic framework.</i> The unit contents include Ayurveda case taking using all the principles of Ayurveda such as trividha pariksha (three fold examination), ashtavidha pariksha (eight fold examination) and dasavidha pariksha (tenfold examination) ,interpretation of medical information and related information appropriately to the Ayurvedic approach, client interaction, analysis and diagnosis of conditions based on Ayurvedic principles and development of treatment plans.			Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
RES501 Research Skills	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit CHCPOL 003 Research and apply evidence to practice. The unit contents include: purpose of research, source of information, principles of evidence-based practice, ways to evaluate for the validity of information and analysis of information.	240	120	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
ACL502 Clinic Intensive	These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the work place which is an essential part of the course.During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.	1600	800	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
TERM 6					
AMT601 Manage Ayurvedic Treatment	This unit provides necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit HLTAYV 012 Monitor and evaluate Ayurvedic treatments.	600	300	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019

	The unit contents include management of clients taking legal and ethical aspects in to consideration, regular clients' follow up and feed- back, acknowledgement of possible complication of treatment and ways to respond, treatment expectation, application of research in the case management, use of Ayurveda principles in the management and continuity of treatment.			Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
BMA601 Business Marketing	This unit provides the necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBSMB403 Market the small Business. The unit contents include industry market trends, performance evaluation methods, methods of analysing costs and benefits of marketing strategies, marketing objectives and marketing mix, methods of monitoring customer satisfaction and relevant market analysis and research.	400	200	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
ACL603 Clinic Intensive	These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the work place which is an essential part of the course.During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.	1600	800	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
TERM 7					
BPL701 Business Planning	This unit provides the necessary knowledge, skills and competencies for the learners to meet the requirements of the nationally recognised unit BSBSMB404 Undertake small business planning.	400	200	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019

	The unit contents include development of a business plan incorporating goals and objectives, government legislative requirements relating to business operation, WHS responsibilities and procedures, of risk management, feasibility studies; strategic, operational, financial and marketing planning.			Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
ACL704 Clinic Intensive	These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the work place which is an essential part of the course. During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.	1600	800	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019
TERM 8					
ACL805 Clinic Intensive	These units provide the learners with the opportunity to apply what they learnt and demonstrate their skills in the work place which is an essential part of the course. During the clinical training, Students will be dealing with members of the general public who attend the clinic to receive health advices and receive various Ayurveda therapies. Students are required to maintain a clinic log book which should be daily signed by their supervisor. Detailed history, clinical findings, advice and therapy provided must be recorded clearly in each client's record for future discussion and as evidence for their assessment.	1600	800	Weekday 04/02/2019	Weekday 12/04/2019
				Weekday 29/04/2019	Weekday 05/07/2019
				Weekday 22/07/2019	Weekday 27/09/2019
				Weekday 14/10/2019	Weekday 19/12/2019